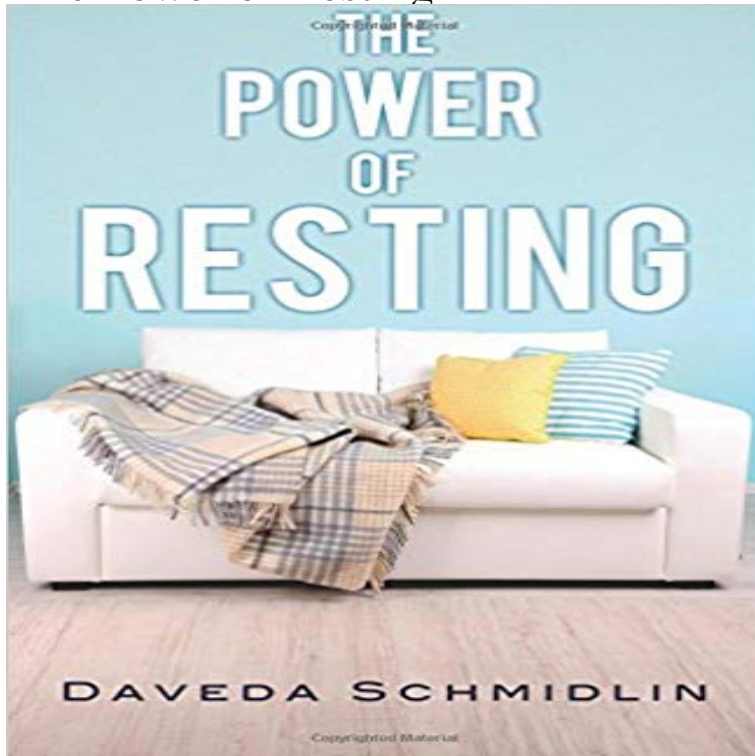


## The Power of Resting



We so easily fall into this patter of trying to be pleasing and acceptable to those around us and to God. We try to become better and better only to face condemnation of failure over and over. There is a better way. There is Gods way, the way He intended for us to live. Regardless of what the world has led us to believe, Gods way is much more fulfilling, yet restful. His way of living allows us a life that is free from feeling as though we are not good enough. His way gives us meaning and security in who we are. The Power of Resting is a journey through the Gospel of Christ. It is a journey into Grace. Through extensive scripture and personal stories you will see that there is rest to be found in the goodness of God. Schmidlins voice is humble, her encouragement sincere, but her message is profound.

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