

Secret Benefits of Lemon & Honey



Every day. People all over the world are going the organic way, and the use of natural products is on the rise. Natural, easily available, safe and inexpensive—lemon and honey are essential ingredients of many age-old recipes for a beautiful and healthy body. Crossing the threshold of the kitchen, they have found a place of pride in several modern-day cosmetics. The therapeutic properties of lemon and honey have been proven to be viable alternatives to the toxic side effects of antibiotics. Read this book to learn all about the beneficial effects of lemon and honey. Presented in this book is a collection of home remedies for medical as well as beauty problems and also recipes that can be adopted by both novices and professionals for a healthier and more refreshing life.

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